

JENNIFER GUITONES DEL ROSARIO

OBJECTIVES

Seeking the position of Personal Support Worker in the healthcare industry that provides an opportunity for career growth, where my skills and experience are fully utilized.

PROFILE

- Caring, personable and friendly individual
- Dedicated, energetic, reliable, honest, quick learner and hardworking
- Keen sense of detail
- Capable of maintaining a very high standard of work practice
- Able to establish and meet priorities with minimal supervision
- Proven ability to provide top quality service to patients
- Posses excellent interpersonal communication skills
- Work within a team and learn as well, independently
- Ability to assist patients care and empathy

WORK EXPERIENCE

Personal Support Worker Wright Rehab

Present

Provide consistent support to individuals living with ABI to progress toward their rehabilitation goals. Effectively work with a multi disciplinary team to implement strategies to promote independence and skill development in management of daily activities in the home and community. Encourage client coping mechanisms to manage issues of pain, fatigue and frustration. Develop professional session notes to record progress and identify challenges for team review.

Personal Support Worker Spectrum Healthcare

2010 – Present

Personal Support Worker SRT MED-STAFF

2010 – Present

Personal Support Worker Private Home Healthcare – TBI Client

2009 – 2011

- Provides personal care and assistance with activities of daily living
- Utilizes body mechanics and transfer techniques, carry – out safe lifts transfers
- Prepare nutritious meals, assist for medications
- Provide cognitive social, emotional support assistance with household management
- Promotes safe environment for both client and workers

Caregiver**2006 – 2009**

Employer: Robert and Bruna Ziricino (Parkinson)

- Elderly care duties would involved being a companion, activities of daily living
- Transferring to bed, wheelchair, vice versa
- Prepare meals, supervising medication, grocery shopping, laundry and housekeeping chores

Patient – Care Assistant II**2003 – 2006**

National University Hospital Singapore

- Under the supervision of a Senior nurse
- Gives medication and treatment
- Assist with patient care, reviews, updates and evaluate patient care plan, documents

Casual Nursing Aide**1998 – 2003**

Municipal Hospital: Philippines

- Under the supervision of a nursing staff in providing health care to the patients
- Giving medication, treatment, assess and documentation

EDUCATIONAL / TRAINING

Certificate:

- Improving the client and caregiver experience, S.R.T Med - Staff
- Pharmacology And Medication, Reena Foundation
- CPR level and standard First Aid program, Lifetech

Diploma:

- Personal Support Worker in Medix School: Toronto, ON
- Assessed by the College of Nursing in Ontario



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wrightrehab.ca

Bachelor of Science in Nursing

De Ocampo Memorial College: Philippines

On The Job Training For Elderly Care

Nursing Homes: Toronto, ON

2009

- Provide safety and security to the residence
- Help residence with activities of daily living
- Transferring residence from bed to wheelchair and vice versa with mechanical lifters